

Rennverlauf

41. Drei-Länder-Pokal

Name	Jg.	Wk-Nr	Strecke	Platz	Distanz	Splitzeit	Lapzeit	Rek
Barchfeld, Malvine	2002	1	100 F	1	50	00:34,76	00:34,76	PJR
					100	01:13,06	00:38,30	
Barchfeld, Malvine	2002	5	100 L	1	50	00:39,34	00:39,34	PR
					100	01:24,39	00:45,05	
Barchfeld, Malvine	2002	11	200 L	1	50	00:41,43	00:41,43	PR
					100	01:29,69	00:48,26	
					150	02:25,88	00:56,19	
					200	03:08,38	00:42,50	
Barchfeld, Malvine	2002	15	100 B	1	50	00:48,76	00:48,76	PR
					100	01:41,71	00:52,95	
Barchfeld, Malvine	2002	31	200 F	1	50	00:35,88	00:35,88	PR
					100	01:16,75	00:40,87	
					150	02:00,38	00:43,63	
					200	02:41,24	00:40,86	
Barchfeld, Malvine	2002	37	100 R	1	50	00:42,28	00:42,28	PR
					100	01:28,44	00:46,16	
Bauer, Anna	2007	1	100 F	n.a	100	00:00,00	00:00,00	
Bauer, Anna	2007	5	100 L	n.a	100	00:00,00	00:00,00	
Bauer, Anna	2007	15	100 B	n.a	100	00:00,00	00:00,00	
Bololoi, Charlize Naomi	2004	1	100 F	3	50	00:35,01	00:35,01	PR
					100	01:14,46	00:39,45	
Bololoi, Charlize Naomi	2004	5	100 L	2	50	00:41,45	00:41,45	PR
					100	01:27,26	00:45,81	
Bololoi, Charlize Naomi	2004	15	100 B	2	50	00:43,18	00:43,18	PJR
					100	01:33,66	00:50,48	
Bololoi, Charlize Naomi	2004	35	200 B	1	50	00:46,19	00:46,19	PR
					100	01:38,55	00:52,36	
					150	02:33,29	00:54,74	
					200	03:26,33	00:53,04	
Bololoi, Jayden	2007	2	100 F	3	50	00:40,11	00:40,11	PR
					100	01:23,06	00:42,95	
Bololoi, Jayden	2007	6	100 L	4	50	00:44,09	00:44,09	PR
					100	01:30,87	00:46,78	

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Name	Jg.	Wk-Nr	Strecke	Platz	Distanz	Splitzeit	Lapzeit	Rek
Bololoi, Jayden	2007	16	100 B	5	50	00:46,09	00:46,09	PJR
					100	01:37,99	00:51,90	
Bololoi, Jayden	2007	36	200 B	4	50	00:47,96	00:47,96	PR
					100	01:41,37	00:53,41	
					150	02:36,34	00:54,97	
					200	03:30,60	00:54,26	
Brenner, Julie	2007	1	100 F	3	50	00:36,10	00:36,10	PJR
					100	01:18,47	00:42,37	
Brenner, Julie	2007	3	200 R	3	50	00:41,52	00:41,52	PR
					100	01:28,36	00:46,84	
					150	02:16,81	00:48,45	
					200	03:03,77	00:46,96	
Brenner, Julie	2007	5	100 L	2	50	00:43,34	00:43,34	PJR
					100	01:33,90	00:50,56	
Brenner, Julie	2007	31	200 F	2	50	00:39,38	00:39,38	PJR
					100	01:25,45	00:46,07	
					150	02:12,92	00:47,47	
					200	02:57,93	00:45,01	
Brenner, Julie	2007	37	100 R	3	50	00:42,53	00:42,53	PJR
					100	01:27,23	00:44,70	
Bretschneider, Rosa	2003	1	100 F	1	50	00:32,74	00:32,74	JR
					100	01:09,15	00:36,41	
Bretschneider, Rosa	2003	7	400 F	1	50	00:37,03	00:37,03	JR
					100	01:17,79	00:40,76	
					150	01:59,51	00:41,72	
					200	02:41,66	00:42,15	
					250	03:24,03	00:42,37	
					300	04:06,49	00:42,46	
					350	04:50,03	00:43,54	
					400	05:33,43	00:43,40	

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Name	Jg.	Wk-Nr	Strecke	Platz	Distanz	Splitzeit	Lapzeit	Rek
Bretschneider, Rosa	2003	11	200 L	2	50	00:39,06	00:39,06	JR
					100	01:22,91	00:43,85	
					150	02:16,96	00:54,05	
					200	02:59,15	00:42,19	
Bretschneider, Rosa	2003	15	100 B	2	50	00:46,48	00:46,48	PJR
					100	01:37,47	00:50,99	
Bretschneider, Rosa	2003	27	100 S	2	50	00:40,48	00:40,48	PJR
					100	01:31,25	00:50,77	
Bretschneider, Rosa	2003	31	200 F	1	50	00:35,66	00:35,66	JR
					100	01:15,42	00:39,76	
					150	01:56,18	00:40,76	
					200	02:35,56	00:39,38	
Durna, Alejna Selinay	2007	1	100 F	4	50	00:38,02	00:38,02	PR
					100	01:18,78	00:40,76	
Durna, Alejna Selinay	2007	5	100 L	3	50	00:45,38	00:45,38	PJR
					100	01:35,28	00:49,90	
Durna, Alejna Selinay	2007	11	200 L	5	50	00:47,57	00:47,57	PJR
					100	01:35,27	00:47,70	
					150	02:37,73	01:02,46	
					200	03:22,94	00:45,21	
Durna, Alejna Selinay	2007	15	100 B	7	50	00:51,43	00:51,43	PJR
					100	01:48,16	00:56,73	
Durna, Alejna Selinay	2007	31	200 F	4	50	00:40,37	00:40,37	PR
					100	01:26,54	00:46,17	
					150	02:14,28	00:47,74	
					200	03:01,83	00:47,55	
Durna, Alejna Selinay	2007	35	200 B	5	50	00:55,40	00:55,40	PJR
					100	01:55,41	01:00,01	
					150	02:56,04	01:00,63	
					200	03:54,68	00:58,64	
Durna, Leyla Yasemin	2004	1	100 F	4	50	00:37,19	00:37,19	PJR
					100	01:19,28	00:42,09	

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Name	Jg.	Wk-Nr	Strecke	Platz	Distanz	Splitzeit	Lapzeit	Rek
Durna, Leyla Yasemin	2004	5	100 L	4	50	00:45,56	00:45,56	PJR
					100	01:38,26	00:52,70	
Durna, Leyla Yasemin	2004	7	400 F	2	50	00:40,01	00:40,01	PJR
					100	01:26,70	00:46,69	
					150	02:15,61	00:48,91	
					200	03:04,64	00:49,03	
					250	03:52,59	00:47,95	
					300	04:40,32	00:47,73	
					400	05:28,24	00:47,92	
Durna, Leyla Yasemin	2004	31	200 F	3	50	00:39,12	00:39,12	PJR
					100	01:23,32	00:44,20	
					150	02:10,43	00:47,11	
					200	02:56,50	00:46,07	
Durna, Leyla Yasemin	2004	37	100 R	4	50	00:43,53	00:43,53	PR
					100	01:29,99	00:46,46	
Frank, Luisa	2008	1	100 F	10	50	00:49,76	00:49,76	PR
					100	01:50,18	01:00,42	
Frank, Luisa	2008	5	100 L	10	50	00:57,56	00:57,56	PJR
					100	02:02,96	01:05,40	
Frank, Luisa	2008	15	100 B	16	50	00:58,36	00:58,36	PR
					100	02:09,24	01:10,88	
Friedrich, Jette	2006	1	100 F	2	50	00:40,73	00:40,73	PJR
					100	01:24,84	00:44,11	
Friedrich, Jette	2006	5	100 L	2	50	00:45,27	00:45,27	PR
					100	01:35,00	00:49,73	

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Name	Jg.	Wk-Nr	Strecke	Platz	Distanz	Splitzeit	Lapzeit	Rek
Friedrich, Jette	2006	7	400 F	2	50	00:42,54	00:42,54	
					100	01:32,44	00:49,90	
					150	02:22,38	00:49,94	
					200	03:13,93	00:51,55	
					250	04:05,84	00:51,91	
					300	04:57,21	00:51,37	
					350	05:48,60	00:51,39	
					400	06:39,03	00:50,43	
Grosser, Alisa	2008	1	100 F	n.a	100	00:00,00	00:00,00	
Grosser, Alisa	2008	5	100 L	n.a	100	00:00,00	00:00,00	
Grosser, Alisa	2008	15	100 B	n.a	100	00:00,00	00:00,00	
Grosser, Alisa	2008	37	100 R	n.a	100	00:00,00	00:00,00	
Jesussek, Lukas	2004	2	100 F	3	50	00:29,89	00:29,89	PR
					100	01:02,82	00:32,93	
Jesussek, Lukas	2004	6	100 L	2	50	00:36,98	00:36,98	PJR
					100	01:16,56	00:39,58	
Jesussek, Lukas	2004	12	200 L	3	50	00:34,49	00:34,49	PR
					100	01:18,01	00:43,52	
					150	02:06,01	00:48,00	
					200	02:43,73	00:37,72	
Jesussek, Lukas	2004	28	100 S	4	50	00:35,66	00:35,66	PR
					100	01:22,30	00:46,64	
Jesussek, Lukas	2004	32	200 F	5	50	00:32,41	00:32,41	PR
					100	01:09,99	00:37,58	
					150	01:48,44	00:38,45	
					200	02:24,39	00:35,95	
Karich, Artjom	2003	2	100 F	1	50	00:28,03	00:28,03	PR
					100	00:58,74	00:30,71	
Karich, Artjom	2003	6	100 L	1	50	00:33,12	00:33,12	PR
					100	01:10,75	00:37,63	
Medert, Benjamin	1997	2	100 F	3	50	00:29,47	00:29,47	PJR
					100	01:03,57	00:34,10	

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Name	Jg.	Wk-Nr	Strecke	Platz	Distanz	Splitzeit	Lapzeit	Rek
Medert, Benjamin	1997	6	100 L	4	50	00:36,07	00:36,07	PJR
					100	01:15,84	00:39,77	
Medert, Benjamin	1997	12	200 L	3	50	00:34,79	00:34,79	PJR
					100	01:22,24	00:47,45	
					150	02:11,07	00:48,83	
					200	02:49,10	00:38,03	
Medert, Benjamin	1997	16	100 B	2	50	00:38,80	00:38,80	PJR
					100	01:23,46	00:44,66	
Medert, Benjamin	1997	28	100 S	4	50	00:34,77	00:34,77	JR
					100	01:17,20	00:42,43	
Medert, Benjamin	1997	32	200 F	5	50	00:33,60	00:33,60	PJR
					100	01:13,72	00:40,12	
					150	01:56,73	00:43,01	
					200	02:39,71	00:42,98	
Medert, Benjamin	1997	36	200 B	2	50	00:41,27	00:41,27	PJR
					100	01:29,87	00:48,60	
					150	02:19,68	00:49,81	
					200	03:07,08	00:47,40	
Mörstedt, Hannah	2004	1	100 F	2	50	00:34,35	00:34,35	PR
					100	01:12,03	00:37,68	
Mörstedt, Hannah	2004	5	100 L	1	50	00:36,05	00:36,05	JR
					100	01:21,22	00:45,17	
Mörstedt, Hannah	2004	11	200 L	2	50	00:38,71	00:38,71	PJR
					100	01:22,86	00:44,15	
					150	02:22,04	00:59,18	
					200	03:05,52	00:43,48	
Mörstedt, Hannah	2004	15	100 B	4	50	00:47,59	00:47,59	PJR
					100	01:42,48	00:54,89	
Mörstedt, Hannah	2004	27	100 S	1	50	00:37,82	00:37,82	PR
					100	01:28,87	00:51,05	
Mörstedt, Hannah	2004	37	100 R	1	50	00:35,85	00:35,85	PR
					100	01:16,69	00:40,84	
Mörstedt, Maria	2004	1	100 F	n.a	100	00:00,00	00:00,00	

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Name	Jg.	Wk-Nr	Strecke	Platz	Distanz	Splitzeit	Lapzeit	Rek
Mörstedt, Maria	2004	5	100 L	n.a	100	00:00,00	00:00,00	
Mörstedt, Maria	2004	11	200 L	n.a	200	00:00,00	00:00,00	
Mörstedt, Maria	2004	15	100 B	n.a	100	00:00,00	00:00,00	
Mörstedt, Maria	2004	27	100 S	n.a	100	00:00,00	00:00,00	
Mörstedt, Maria	2004	31	200 F	n.a	200	00:00,00	00:00,00	
Mörstedt, Maria	2004	37	100 R	n.a	100	00:00,00	00:00,00	
Röhrborn, Maximilian	2002	2	100 F	2	50	00:31,72	00:31,72	
					100	01:05,57	00:33,85	PR
Röhrborn, Maximilian	2002	6	100 L	2	50	00:36,32	00:36,32	
					100	01:14,67	00:38,35	PR
Sabo, Mika	2007	16	100 B	10	50	00:59,74	00:59,74	
					100	02:06,39	01:06,65	PR
Scholz, Kira-Patricia	2002	1	100 F	2	50	00:36,06	00:36,06	
					100	01:16,15	00:40,09	PJR
Scholz, Kira-Patricia	2002	5	100 L	2	50	00:41,37	00:41,37	
					100	01:28,19	00:46,82	PR
Scholz, Kira-Patricia	2002	11	200 L	2	50	00:40,10	00:40,10	
					100	01:28,41	00:48,31	
					150	02:27,10	00:58,69	
					200	03:09,40	00:42,30	PR
Scholz, Kira-Patricia	2002	15	100 B	n.a	100	00:00,00	00:00,00	
Scholz, Kira-Patricia	2002	19	200 S	1	50	00:42,42	00:42,42	
					100	01:33,31	00:50,89	
					150	02:27,01	00:53,70	
					200	03:18,76	00:51,75	JR
Scholz, Kira-Patricia	2002	27	100 S	1	50	00:39,80	00:39,80	
					100	01:28,52	00:48,72	JR
Scholz, Kira-Patricia	2002	31	200 F	2	50	00:38,17	00:38,17	
					100	01:22,59	00:44,42	
					150	02:08,88	00:46,29	
					200	02:54,04	00:45,16	PJR
Scholz, Kira-Patricia	2002	37	100 R	2	50	00:45,05	00:45,05	
					100	01:32,38	00:47,33	PJR

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Name	Jg.	Wk-Nr	Strecke	Platz	Distanz	Splitzeit	Lapzeit	Rek
Scholz, Philipp	2005	2	100 F	3	50	00:42,38	00:42,38	PR
					100	01:30,63	00:48,25	
Scholz, Philipp	2005	8	400 F	1	50	00:44,61	00:44,61	PR
					100	01:38,38	00:53,77	
					150	02:33,75	00:55,37	
					200	03:31,27	00:57,52	
					250	04:28,54	00:57,27	
					300	05:27,44	00:58,90	
					400	06:25,63	00:58,19	
Scholz, Philipp	2005	32	200 F	6	50	00:43,90	00:43,90	PJR
					100	01:36,74	00:52,84	
					150	02:32,87	00:56,13	
					200	03:24,88	00:52,01	
Scholz, Philipp	2005	38	100 R	5	50	00:51,95	00:51,95	PJR
					100	01:48,78	00:56,83	
Staatsmann, Annika	2003	1	100 F	2	50	00:35,73	00:35,73	
Staatsmann, Annika	2003	5	100 L	1	50	00:39,08	00:39,08	PJR
					100	01:23,46	00:44,38	
Staatsmann, Annika	2003	11	200 L	3	50	00:40,31	00:40,31	PJR
					100	01:27,45	00:47,14	
					150	02:15,65	00:48,20	
					200	03:00,88	00:45,23	
Staatsmann, Annika	2003	15	100 B	1	50	00:41,45	00:41,45	JR
					100	01:27,83	00:46,38	
Staatsmann, Annika	2003	27	100 S	n.a	100	00:00,00	00:00,00	
Staatsmann, Annika	2003	37	100 R	1	50	00:40,69	00:40,69	PJR
					100	01:23,85	00:43,16	
Steinhauer, Michelle	2009	1	100 F	6	50	00:59,38	00:59,38	PJR
					100	02:25,61	01:26,23	
Steinhauer, Michelle	2009	15	100 B	5	50	01:02,83	01:02,83	PJR
					100	02:21,54	01:18,71	

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Name	Jg.	Wk-Nr	Strecke	Platz	Distanz	Splitzeit	Lapzeit	Rek
Steinhauer, Michelle	2009	37	100 R	dis	50	01:01,60	01:01,60	
					100	00:00,00	01:01,60	
Stöckinger, Henrike	2006	1	100 F	1	50	00:37,40	00:37,40	PJR
					100	01:20,76	00:43,36	
Stöckinger, Henrike	2006	5	100 L	1	50	00:44,33	00:44,33	PR
					100	01:29,52	00:45,19	
Stöckinger, Henrike	2006	15	100 B	1	50	00:45,44	00:45,44	PJR
					100	01:35,51	00:50,07	
Stöckinger, Henrike	2006	35	200 B	1	50	00:47,48	00:47,48	PJR
					100	01:40,77	00:53,29	
					150	02:36,72	00:55,95	
					200	03:30,59	00:53,87	
Thürauf, Michael	1987	8	400 F	1	50	00:33,88	00:33,88	JR
					100	01:14,55	00:40,67	
					150	01:58,61	00:44,06	
					200	02:41,82	00:43,21	
					250	03:25,31	00:43,49	
					300	04:08,35	00:43,04	
					350	04:52,19	00:43,84	
					400	05:30,42	00:38,23	
Thürauf, Michael	1987	32	200 F	3	50	00:32,44	00:32,44	PJR
					100	01:12,49	00:40,05	
					150	01:52,78	00:40,29	
					200	02:29,00	00:36,22	
Uebach, Philipp	2008	2	100 F	5	50	00:35,75	00:35,75	PJR
					100	01:17,43	00:41,68	
Uebach, Philipp	2008	4	200 R	4	50	00:44,86	00:44,86	PR
					100	01:37,28	00:52,42	
					150	02:30,68	00:53,40	
					200	03:23,07	00:52,39	
Uebach, Philipp	2008	6	100 L	5	50	00:44,00	00:44,00	PJR
					100	01:35,15	00:51,15	

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Name	Jg.	Wk-Nr	Strecke	Platz	Distanz	Splitzeit	Lapzeit	Rek
Uebach, Philipp	2008	12	200 L	8	50	00:47,31	00:47,31	PR
					100	01:39,82	00:52,51	
					150	02:46,45	01:06,63	
					200	03:29,66	00:43,21	
Uebach, Philipp	2008	32	200 F	7	50	00:40,15	00:40,15	PR
					100	01:27,70	00:47,55	
					150	02:17,69	00:49,99	
					200	03:02,35	00:44,66	
Uebach, Philipp	2008	38	100 R	5	50	00:46,01	00:46,01	PR
					100	01:34,90	00:48,89	
Uebach, Tim	2004	2	100 F	1	50	00:28,54	00:28,54	PR
					100	01:00,83	00:32,29	
Uebach, Tim	2004	6	100 L	1	50	00:35,89	00:35,89	PJR
					100	01:13,50	00:37,61	
Uebach, Tim	2004	12	200 L	1	50	00:33,32	00:33,32	JR
					100	01:16,66	00:43,34	
					150	02:01,09	00:44,43	
					200	02:36,47	00:35,38	
Uebach, Tim	2004	16	100 B	1	50	00:36,89	00:36,89	JR
					100	01:18,27	00:41,38	
Uebach, Tim	2004	28	100 S	3	50	00:35,20	00:35,20	PR
					100	01:18,74	00:43,54	
Uebach, Tim	2004	32	200 F	3	50	00:31,99	00:31,99	PR
					100	01:09,57	00:37,58	
					150	01:47,62	00:38,05	
					200	02:23,42	00:35,80	
Uebach, Tim	2004	36	200 B	1	50	00:38,55	00:38,55	JR
					100	01:23,11	00:44,56	
					150	02:09,47	00:46,36	
					200	02:53,69	00:44,22	

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Name	Jg.	Wk-Nr	Strecke	Platz	Distanz	Splitzeit	Lapzeit	Rek
Weisensee, Tarja	2004	3	200 R	2	50	00:41,05	00:41,05	PR
					100	01:26,16	00:45,11	
					150	02:12,78	00:46,62	
					200	02:58,33	00:45,55	
Weisensee, Tarja	2004	7	400 F	1	50	00:36,45	00:36,45	PJR
					100	01:17,98	00:41,53	
					150	02:02,10	00:44,12	
					200	02:46,95	00:44,85	
					250	03:32,78	00:45,83	
					300	04:19,41	00:46,63	
					350	05:06,09	00:46,68	
400	05:49,43	00:43,34						
Weisensee, Tarja	2004	31	200 F	2	50	00:35,41	00:35,41	PJR
					100	01:16,00	00:40,59	
					150	02:00,43	00:44,43	
					200	02:44,87	00:44,44	
Weisensee, Tarja	2004	37	100 R	3	50	00:41,18	00:41,18	PJR
					100	01:25,52	00:44,34	
Weppelmann, Hannes	2003	38	100 R	2	50	00:34,49	00:34,49	PR
					100	01:13,28	00:38,79	
Zanlonghi, Alexander	2008	2	100 F	12	50	00:48,90	00:48,90	PR
					100	01:51,50	01:02,60	
Zanlonghi, Alexander	2008	16	100 B	10	50	01:06,34	01:06,34	PR
					100	02:18,95	01:12,61	
Zanlonghi, Katharina	2005	1	100 F	3	50	00:36,91	00:36,91	PR
					100	01:19,51	00:42,60	
Zanlonghi, Katharina	2005	5	100 L	3	50	00:43,69	00:43,69	PR
					100	01:33,19	00:49,50	

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noch 41. Drei-Länder-Pokal

Name	Jg.	Wk-Nr	Strecke	Platz	Distanz	Splitzeit	Lapzeit	Rek
Zanlonghi, Katharina	2005	7	400 F	3	50	00:41,54	00:41,54	PR
					100	01:29,20	00:47,66	
					150	02:16,94	00:47,74	
					200	03:07,08	00:50,14	
					250	03:56,61	00:49,53	
					300	04:45,93	00:49,32	
					350	05:35,42	00:49,49	
					400	06:19,44	00:44,02	
Zanlonghi, Katharina	2005	15	100 B	7	50	00:49,23	00:49,23	PJR
					100	01:46,91	00:57,68	
Zanlonghi, Katharina	2005	31	200 F	5	50	00:39,94	00:39,94	PR
					100	01:26,32	00:46,38	
					150	02:16,23	00:49,91	
					200	02:59,07	00:42,84	
Zanlonghi, Katharina	2005	37	100 R	4	50	00:43,73	00:43,73	PR
					100	01:30,65	00:46,92	
1. Mannschaft Männlich	2006	22	4x50 F	1				
Sabo, Mika	2007				50	00:48,11	00:48,11	
Zanlonghi, Alexander	2008				100	01:38,10	00:49,99	
Bololoi, Jayden	2007				150	02:13,60	00:35,50	
Uebach, Philipp	2008				200	02:48,27	00:34,67	
1. Mannschaft Männlich	2006	26	4x50 L	2				
Uebach, Philipp	2008				50	00:43,63	00:43,63	
Sabo, Mika	2007				100	01:41,93	00:58,30	
Bololoi, Jayden	2007				150	02:24,40	00:42,47	
Zanlonghi, Alexander	2008				200	03:15,32	00:50,92	
1. Mannschaft Weiblich	2006	21	4x50 F	1				
Frank, Luisa	2008				50	00:49,45	00:49,45	
Brenner, Julie	2007				100	01:24,80	00:35,35	
Durna, Alejna Selinay	2007				150	02:00,96	00:36,16	
Stöckinger, Henrike	2006				200	02:38,01	00:37,05	

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noch 41. Drei-Länder-Pokal

Name	Jg.	Wk-Nr	Strecke	Platz	Distanz	Splitzeit	Lapzeit	Rek
1. Mannschaft Weiblich	2006	25	4x50 L	2				
Brenner, Julie	2007				50	00:38,88	00:38,88	
Stöckinger, Henrike	2006				100	01:22,19	00:43,31	
Durna, Alejna Selinay	2007				150	02:07,47	00:45,28	
Steinhauer, Michelle	2009				200	03:07,64	01:00,17	
1. Mannschaft Männlich	2009	10	4x100 L	1				
Röhrborn, Maximilian	2002				50	00:37,57	00:37,57	
Röhrborn, Maximilian	2002				100	01:14,39	00:36,82	
Uebach, Tim	2004				150	01:50,27	00:35,88	
Uebach, Tim	2004				200	02:31,26	00:40,99	
Medert, Benjamin	1997				250	03:04,21	00:32,95	
Medert, Benjamin	1997				300	03:47,30	00:43,09	
Karich, Artjom	2003				350	04:15,51	00:28,21	
Karich, Artjom	2003				400	04:46,92	00:31,41	
1. Mannschaft Männlich	2009	24	4x100 F	2				
Uebach, Tim	2004				50	00:29,90	00:29,90	
Uebach, Tim	2004				100	01:03,43	00:33,53	
Medert, Benjamin	1997				150	01:34,49	00:31,06	
Medert, Benjamin	1997				200	02:09,89	00:35,40	
Jesussek, Lukas	2004				250	02:40,78	00:30,89	
Jesussek, Lukas	2004				300	03:14,79	00:34,01	
Karich, Artjom	2003				350	03:43,50	00:28,71	
Karich, Artjom	2003				400	04:14,84	00:31,34	
1. Mannschaft Weiblich	2009	9	4x100 L	2				
Mörstedt, Hannah	2004				50	00:36,52	00:36,52	
Mörstedt, Hannah	2004				100	01:17,30	00:40,78	
Bololoi, Charlize Naomi	2004				150	02:00,77	00:43,47	
Bololoi, Charlize Naomi	2004				200	02:52,59	00:51,82	
Bretschneider, Rosa	2003				250	03:32,61	00:40,02	
Bretschneider, Rosa	2003				300	04:23,87	00:51,26	
Barchfeld, Malvine	2002				350	04:57,73	00:33,86	
Barchfeld, Malvine	2002				400	05:35,54	00:37,81	

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noch 41. Drei-Länder-Pokal

Name	Jg.	Wk-Nr	Strecke	Platz	Distanz	Splitzeit	Lapzeit	Rek
1. Mannschaft Weiblich	2009	23	4x100 F	1				
Bretschneider, Rosa	2003				50	00:33,78	00:33,78	
Bretschneider, Rosa	2003				100	01:10,60	00:36,82	
Barchfeld, Malvine	2002				150	01:44,31	00:33,71	
Barchfeld, Malvine	2002				200	02:21,65	00:37,34	
Weisensee, Tarja	2004				250	02:55,89	00:34,24	
Weisensee, Tarja	2004				300	03:34,53	00:38,64	
Mörstedt, Hannah	2004				350	04:07,88	00:33,35	
Mörstedt, Hannah	2004				400	04:46,84	00:38,96	
2. Mannschaft Weiblich	2009	9	4x100 L	3				
Brenner, Julie	2007				50	00:42,79	00:42,79	
Brenner, Julie	2007				100	01:30,00	00:47,21	
Stöckinger, Henrike	2006				150	02:15,78	00:45,78	
Stöckinger, Henrike	2006				200	03:08,78	00:53,00	
Scholz, Kira-Patricia	2002				250	03:49,62	00:40,84	
Scholz, Kira-Patricia	2002				300	04:39,59	00:49,97	
Weisensee, Tarja	2004				350	05:14,37	00:34,78	
Weisensee, Tarja	2004				400	05:53,53	00:39,16	
2. Mannschaft Weiblich	2009	23	4x100 F	3				
Staatsmann, Annika	2003				50	00:35,30	00:35,30	
Staatsmann, Annika	2003				100	01:15,93	00:40,63	
Bololoi, Charlize Naomi	2004				150	01:52,02	00:36,09	
Bololoi, Charlize Naomi	2004				200	02:32,91	00:40,89	
Scholz, Kira-Patricia	2002				250	03:10,16	00:37,25	
Scholz, Kira-Patricia	2002				300	03:50,47	00:40,31	
Zanlonghi, Katharina	2005				350	04:27,13	00:36,66	
Zanlonghi, Katharina	2005				400	05:07,72	00:40,59	