

## Rennverlauf

## 14. Helfmann Cup 2023

Name	Jg.	Wk-Nr	Strecke	Platz	Distanz	Splitzeit	Lapzeit	Rek
Mörstedt, Hannah	2004	57	100 R	11	100	01:16,22	01:16,22	JR
Mörstedt, Hannah	2004	65	50 R	8	50	00:34,53	00:34,53	ZR
Mörstedt, Maria	2004	51	800 F	9	100	01:15,37	01:15,37	
					200	02:43,88	01:28,51	
					300	04:13,27	01:29,39	
					400	05:43,57	01:30,30	
					500	07:15,46	01:31,89	
					600	08:47,12	01:31,66	
					700	10:19,10	01:31,98	
					800	11:45,47	01:26,37	
Mörstedt, Maria	2004	53	50 S	11	50	00:34,72	00:34,72	JR
Mörstedt, Maria	2004	61	50 F	5	50	00:30,39	00:30,39	PR
Mörstedt, Maria	2004	71	1500 F	4	100	01:18,21	01:18,21	
					200	02:48,19	01:29,98	
					300	04:19,63	01:31,44	
					400	05:52,46	01:32,83	
					500	07:25,10	01:32,64	
					600	08:58,48	01:33,38	
					700	10:33,27	01:34,79	
					800	12:07,07	01:33,80	
					900	13:40,83	01:33,76	
					1000	15:16,96	01:36,13	
					1100	16:51,48	01:34,52	
					1200	18:25,14	01:33,66	
					1300	19:58,88	01:33,74	
					1400	21:32,79	01:33,91	
					1500	23:01,51	01:28,72	