

## Bestenliste, 01.01.2025 bis 31.12.2025

| 2500m Freistil                                                             |                 |      |          |            | Weiblich, Freiwasser, Offen |
|----------------------------------------------------------------------------|-----------------|------|----------|------------|-----------------------------|
| <i>Rekord: Mörstedt, Maria (2004) 40:11,26 am 06.07.2025 in Heddesheim</i> |                 |      |          |            |                             |
| Platz                                                                      | Name            | Jg   | Zeit     | Datum      | Ort                         |
| 1.                                                                         | Mörstedt, Maria | 2004 | 40:11,26 | 06.07.2025 | Heddesheim                  |

| 50m Schmetterling                                                       |                        |      |          |            | Weiblich, Kurz- & Langbahn, Offen |
|-------------------------------------------------------------------------|------------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Mörstedt, Maria (2004) 00:32,57 am 08.11.2025 in Dieburg</i> |                        |      |          |            |                                   |
| Platz                                                                   | Name                   | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                      | Mörstedt, Maria        | 2004 | 00:32,57 | 08.11.2025 | Dieburg                           |
| 2.                                                                      | Steinborn, Doreen      | 1977 | 00:34,40 | 30.11.2025 | Essen                             |
| 3.                                                                      | Mörstedt, Hannah       | 2004 | 00:34,91 | 09.02.2025 | 68782 Brühl/Baden                 |
| 4.                                                                      | Lorenz, Lia            | 2010 | 00:36,78 | 21.09.2025 | Frankenthal (Pfalz)               |
| 5.                                                                      | Buschbacher, Annabelle | 2010 | 00:37,37 | 07.06.2025 | Grünstadt                         |
| 6.                                                                      | Scholz, Kira-Patricia  | 2002 | 00:41,94 | 25.05.2025 | Bad Homburg                       |
| 7.                                                                      | Höhnner, Lena          | 2014 | 00:42,58 | 17.05.2025 | Rödermark                         |
| 8.                                                                      | Platz, Helena          | 2014 | 00:51,22 | 09.03.2025 | Lampertheim                       |
| 9.                                                                      | Hörer, Julia           | 2014 | 00:56,40 | 28.06.2025 | Worms                             |

| 100m Schmetterling                                                         |                       |      |          |            | Weiblich, Kurz- & Langbahn, Offen |
|----------------------------------------------------------------------------|-----------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Mößinger, Janine (1984) 01:13,68 am 13.11.2004 in Griesheim</i> |                       |      |          |            |                                   |
| Platz                                                                      | Name                  | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                         | Mörstedt, Maria       | 2004 | 01:17,74 | 09.11.2025 | Lampertheim                       |
| 2.                                                                         | Mörstedt, Hannah      | 2004 | 01:22,12 | 09.03.2025 | Lampertheim                       |
| 3.                                                                         | Scholz, Kira-Patricia | 2002 | 01:31,29 | 15.02.2025 | Rüsselsheim                       |
| 4.                                                                         | Lorenz, Lia           | 2010 | 01:32,82 | 09.03.2025 | Lampertheim                       |
| 5.                                                                         | Höhnner, Lena         | 2014 | 01:47,75 | 27.04.2025 | Hochheim                          |

| 200m Schmetterling                                                       |                       |      |          |            | Weiblich, Kurz- & Langbahn, Offen |
|--------------------------------------------------------------------------|-----------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Mößinger, Janine (1984) 02:47,28 am 19.03.2005 in Dieburg</i> |                       |      |          |            |                                   |
| Platz                                                                    | Name                  | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                       | Mörstedt, Maria       | 2004 | 02:48,09 | 09.11.2025 | Lampertheim                       |
| 2.                                                                       | Scholz, Kira-Patricia | 2002 | 03:25,96 | 15.02.2025 | Rüsselsheim                       |
| 3.                                                                       | Lorenz, Lia           | 2010 | 03:33,48 | 09.11.2025 | Lampertheim                       |

| 50m Rücken                                                               |                        |      |          |            | Weiblich, Kurz- & Langbahn, Offen |
|--------------------------------------------------------------------------|------------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Mörstedt, Hannah (2004) 00:33,25 am 09.11.2024 in Dieburg</i> |                        |      |          |            |                                   |
| Platz                                                                    | Name                   | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                       | Mörstedt, Hannah       | 2004 | 00:33,36 | 09.02.2025 | 68782 Brühl/Baden                 |
| 2.                                                                       | Lorenz, Lia            | 2010 | 00:34,03 | 02.11.2025 | Fulda                             |
| 3.                                                                       | Mörstedt, Maria        | 2004 | 00:34,07 | 28.06.2025 | Worms                             |
| 4.                                                                       | Brenner, Julie         | 2007 | 00:35,13 | 15.02.2025 | Rüsselsheim                       |
| 5.                                                                       | Steinborn, Doreen      | 1977 | 00:38,54 | 08.11.2025 | Dieburg                           |
| 6.                                                                       | Buschbacher, Annabelle | 2010 | 00:39,60 | 27.04.2025 | Hochheim                          |
| 7.                                                                       | Höhnchen, Lena         | 2014 | 00:41,80 | 26.10.2025 | Griesheim                         |
| 8.                                                                       | Platz, Helena          | 2014 | 00:43,22 | 28.06.2025 | Worms                             |
| 9.                                                                       | Uebach, Claudia        | 1969 | 00:44,44 | 29.11.2025 | Essen                             |
| 10.                                                                      | Mörstedt, Christel     | 1974 | 00:45,14 | 08.11.2025 | Dieburg                           |
| 11.                                                                      | Stein, Hanka           | 2015 | 00:50,37 | 28.06.2025 | Worms                             |
| 12.                                                                      | Navarra Joosten, Llum  | 2014 | 00:51,62 | 09.03.2025 | Lampertheim                       |
| 13.                                                                      | Greulich, Matilda      | 2017 | 00:51,63 | 07.06.2025 | Grünstadt                         |
| 14.                                                                      | Jacobi, Lucia          | 2013 | 00:53,43 | 09.03.2025 | Lampertheim                       |
| 15.                                                                      | Hörer, Julia           | 2014 | 00:54,67 | 27.04.2025 | Hochheim                          |
| 16.                                                                      | Nieter, Emilia         | 2014 | 00:55,37 | 09.03.2025 | Lampertheim                       |
| 17.                                                                      | Seibel, Laura          | 2015 | 00:56,29 | 09.03.2025 | Lampertheim                       |
| 18.                                                                      | Telser, Anne           | 2013 | 00:57,38 | 09.03.2025 | Lampertheim                       |

| 100m Rücken                                                               |                        |      |          |            | Weiblich, Kurz- & Langbahn, Offen |
|---------------------------------------------------------------------------|------------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Mörstedt, Hannah (2004) 01:13,58 am 01.07.2023 in Bensheim</i> |                        |      |          |            |                                   |
| Platz                                                                     | Name                   | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                        | Mörstedt, Hannah       | 2004 | 01:14,46 | 15.02.2025 | Rüsselsheim                       |
| 2.                                                                        | Mörstedt, Maria        | 2004 | 01:14,72 | 27.09.2025 | Kaiserslautern                    |
| 3.                                                                        | Brenner, Julie         | 2007 | 01:16,88 | 09.11.2025 | Lampertheim                       |
| 4.                                                                        | Lorenz, Lia            | 2010 | 01:17,28 | 09.11.2025 | Lampertheim                       |
| 5.                                                                        | Langer, Meike          | 2010 | 01:28,42 | 15.06.2025 | Darmstadt                         |
| 6.                                                                        | Platz, Helena          | 2014 | 01:30,00 | 09.11.2025 | Lampertheim                       |
| 7.                                                                        | Buschbacher, Annabelle | 2010 | 01:30,54 | 29.11.2025 | Bad Windsheim                     |
| 8.                                                                        | Scholz, Kira-Patricia  | 2002 | 01:35,92 | 09.11.2025 | Lampertheim                       |
| 9.                                                                        | Mörstedt, Christel     | 1974 | 01:48,26 | 25.05.2025 | Bad Homburg                       |
| 10.                                                                       | Stein, Hanka           | 2015 | 01:52,70 | 09.11.2025 | Lampertheim                       |
| 11.                                                                       | Hörer, Julia           | 2014 | 01:53,25 | 09.11.2025 | Lampertheim                       |
| 12.                                                                       | Seibel, Laura          | 2015 | 01:54,99 | 09.11.2025 | Lampertheim                       |
| 13.                                                                       | Jacobi, Lucia          | 2013 | 01:59,98 | 09.03.2025 | Lampertheim                       |
| 14.                                                                       | Telser, Anne           | 2013 | 02:00,54 | 16.03.2025 | Speyer                            |
| 15.                                                                       | Nieter, Emilia         | 2014 | 02:04,64 | 09.03.2025 | Lampertheim                       |
| 16.                                                                       | Navarra Joosten, Llum  | 2014 | 02:08,38 | 09.03.2025 | Lampertheim                       |

| 200m Rücken                                                                          |                  |      |          |            | Weiblich, Kurz- & Langbahn, Offen |
|--------------------------------------------------------------------------------------|------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Mörstedt, Hannah (2004) 02:42,25 am 23.09.2023 in Frankenthal (Pfalz)</i> |                  |      |          |            |                                   |
| Platz                                                                                | Name             | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                                   | Mörstedt, Hannah | 2004 | 02:46,21 | 15.02.2025 | Rüsselsheim                       |
| 2.                                                                                   | Brenner, Julie   | 2007 | 02:49,01 | 15.02.2025 | Rüsselsheim                       |
| 3.                                                                                   | Mörstedt, Maria  | 2004 | 02:49,46 | 25.01.2025 | Ludwigshafen                      |
| 4.                                                                                   | Lorenz, Lia      | 2010 | 02:56,43 | 15.06.2025 | Darmstadt                         |
| 5.                                                                                   | Langer, Meike    | 2010 | 03:10,72 | 08.03.2025 | Lampertheim                       |
| 6.                                                                                   | Platz, Helena    | 2014 | 03:11,27 | 09.11.2025 | Lampertheim                       |
| 7.                                                                                   | Seibel, Laura    | 2015 | 04:06,98 | 09.11.2025 | Lampertheim                       |
| 8.                                                                                   | Stein, Hanka     | 2015 | 04:08,55 | 09.11.2025 | Lampertheim                       |

| 50m Brust                                                                     |                        |      |          |            | Weiblich, Kurz- & Langbahn, Offen |
|-------------------------------------------------------------------------------|------------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Trautmann, Valerie (1993) 00:38,43 am 03.06.2007 in Heppenheim</i> |                        |      |          |            |                                   |
| Platz                                                                         | Name                   | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                            | Steinborn, Doreen      | 1977 | 00:38,90 | 15.02.2025 | Rüsselsheim                       |
| 2.                                                                            | Mörstedt, Hannah       | 2004 | 00:39,86 | 08.11.2025 | Dieburg                           |
| 3.                                                                            | Lorenz, Lia            | 2010 | 00:40,72 | 21.09.2025 | Frankenthal (Pfalz)               |
| 4.                                                                            | Mörstedt, Maria        | 2004 | 00:41,33 | 27.04.2025 | Hochheim                          |
| 5.                                                                            | Buschbacher, Annabelle | 2010 | 00:43,13 | 27.04.2025 | Hochheim                          |
| 6.                                                                            | Höhnchen, Lena         | 2014 | 00:47,29 | 27.04.2025 | Hochheim                          |
| 7.                                                                            | Mörstedt, Christel     | 1974 | 00:53,36 | 08.11.2025 | Dieburg                           |
| 8.                                                                            | Platz, Helena          | 2014 | 00:54,34 | 21.09.2025 | Frankenthal (Pfalz)               |
| 9.                                                                            | Hörer, Julia           | 2014 | 00:55,68 | 27.04.2025 | Hochheim                          |
| 10.                                                                           | Grzeszczyk, Alicja     | 2010 | 00:56,74 | 09.03.2025 | Lampertheim                       |
| 11.                                                                           | Greulich, Matilda      | 2017 | 00:59,12 | 09.11.2025 | Lampertheim                       |
| 12.                                                                           | Jacobi, Lucia          | 2013 | 00:59,28 | 09.03.2025 | Lampertheim                       |
| 13.                                                                           | Schneibel, Lena        | 2015 | 01:01,22 | 09.03.2025 | Lampertheim                       |
| 14.                                                                           | Nieter, Emilia         | 2014 | 01:01,25 | 09.03.2025 | Lampertheim                       |
| 15.                                                                           | Stein, Hanka           | 2015 | 01:01,34 | 27.04.2025 | Hochheim                          |
| 16.                                                                           | Navarra Joosten, Llum  | 2014 | 01:02,06 | 09.03.2025 | Lampertheim                       |
| 17.                                                                           | Seibel, Laura          | 2015 | 01:05,82 | 09.03.2025 | Lampertheim                       |

| 100m Brust                                                                          |                        |      |          |            | Weiblich, Kurz- & Langbahn, Offen |
|-------------------------------------------------------------------------------------|------------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Steinborn, Doreen (1977) 01:24,86 am 09.02.2025 in 68782 Brühl/Baden</i> |                        |      |          |            |                                   |
| Platz                                                                               | Name                   | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                                  | Steinborn, Doreen      | 1977 | 01:24,86 | 09.02.2025 | 68782 Brühl/Baden                 |
| 2.                                                                                  | Mörstedt, Hannah       | 2004 | 01:29,11 | 09.11.2025 | Lampertheim                       |
| 3.                                                                                  | Buschbacher, Annabelle | 2010 | 01:35,97 | 09.11.2025 | Lampertheim                       |
| 4.                                                                                  | Lorenz, Lia            | 2010 | 01:39,99 | 29.03.2025 | Darmstadt                         |
| 5.                                                                                  | Höhnert, Lena          | 2014 | 01:43,34 | 17.05.2025 | Rödermark                         |
| 6.                                                                                  | Grzeszczyk, Alicja     | 2010 | 01:47,71 | 09.11.2025 | Lampertheim                       |
| 7.                                                                                  | Hörer, Julia           | 2014 | 01:52,77 | 09.11.2025 | Lampertheim                       |
| 8.                                                                                  | Telser, Anne           | 2013 | 01:58,55 | 09.11.2025 | Lampertheim                       |
| 9.                                                                                  | Synoradzki, Luisa      | 2014 | 02:03,52 | 28.06.2025 | Worms                             |
| 10.                                                                                 | Missal, Jasmin         | 2014 | 02:04,53 | 09.11.2025 | Lampertheim                       |
| 11.                                                                                 | Jacobi, Lucia          | 2013 | 02:05,42 | 09.03.2025 | Lampertheim                       |
| 12.                                                                                 | Schneibel, Lena        | 2015 | 02:05,83 | 07.06.2025 | Grünstadt                         |
| 13.                                                                                 | Navarra Joosten, Llum  | 2014 | 02:13,14 | 09.03.2025 | Lampertheim                       |
| 14.                                                                                 | Nieter, Emilia         | 2014 | 02:17,00 | 09.03.2025 | Lampertheim                       |
| 15.                                                                                 | Seibel, Laura          | 2015 | 02:18,37 | 09.11.2025 | Lampertheim                       |

| 200m Brust                                                                 |                    |      |          |            | Weiblich, Kurz- & Langbahn, Offen |
|----------------------------------------------------------------------------|--------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Staatsmann, Annika (2003) 02:58,60 am 11.03.2018 in Dieburg</i> |                    |      |          |            |                                   |
| Platz                                                                      | Name               | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                         | Steinborn, Doreen  | 1977 | 03:16,74 | 15.02.2025 | Rüsselsheim                       |
| 2.                                                                         | Mörstedt, Hannah   | 2004 | 03:16,84 | 29.11.2025 | Bad Windsheim                     |
| 3.                                                                         | Hildebrand, Arzu   | 2011 | 03:37,13 | 15.02.2025 | Rüsselsheim                       |
| 4.                                                                         | Höhnchen, Lena     | 2014 | 03:39,15 | 09.11.2025 | Lampertheim                       |
| 5.                                                                         | Grzeszczyk, Alicja | 2010 | 03:46,26 | 09.11.2025 | Lampertheim                       |
| 6.                                                                         | Hörer, Julia       | 2014 | 04:09,51 | 28.06.2025 | Worms                             |
| 7.                                                                         | Telser, Anne       | 2013 | 04:15,82 | 09.11.2025 | Lampertheim                       |
| 8.                                                                         | Synoradzki, Luisa  | 2014 | 04:17,14 | 28.06.2025 | Worms                             |
| 9.                                                                         | Missal, Jasmin     | 2014 | 04:25,92 | 09.11.2025 | Lampertheim                       |
| 10.                                                                        | Schneibel, Lena    | 2015 | 04:32,12 | 09.11.2025 | Lampertheim                       |

| 50m Freistil                                                              |                        |      |          |            | Weiblich, Kurz- & Langbahn, Offen |
|---------------------------------------------------------------------------|------------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Mörstedt, Tanja (2002) 00:29,50 am 11.02.2017 in Viernheim</i> |                        |      |          |            |                                   |
| Platz                                                                     | Name                   | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                        | Lorenz, Lia            | 2010 | 00:29,88 | 01.11.2025 | Fulda                             |
| 2.                                                                        | Mörstedt, Maria        | 2004 | 00:29,90 | 01.11.2025 | Fulda                             |
| 3.                                                                        | Brenner, Julie         | 2007 | 00:30,93 | 15.02.2025 | Rüsselsheim                       |
| 4.                                                                        | Mörstedt, Hannah       | 2004 | 00:31,27 | 09.03.2025 | Lampertheim                       |
| 5.                                                                        | Steinborn, Doreen      | 1977 | 00:31,35 | 08.11.2025 | Dieburg                           |
| 6.                                                                        | Buschbacher, Annabelle | 2010 | 00:32,09 | 27.04.2025 | Hochheim                          |
| 7.                                                                        | Sabo, Svenja           | 1971 | 00:32,64 | 29.11.2025 | Essen                             |
| 8.                                                                        | Höhnner, Lena          | 2014 | 00:35,21 | 29.11.2025 | Bad Windsheim                     |
| 9.                                                                        | Uebach, Claudia        | 1969 | 00:36,66 | 08.11.2025 | Dieburg                           |
| 10.                                                                       | Platz, Helena          | 2014 | 00:37,34 | 21.09.2025 | Frankenthal (Pfalz)               |
| 11.                                                                       | Mörstedt, Christel     | 1974 | 00:39,08 | 08.11.2025 | Dieburg                           |
| 12.                                                                       | Jacobi, Lucia          | 2013 | 00:41,56 | 09.03.2025 | Lampertheim                       |
| 13.                                                                       | Grzeszczyk, Alicja     | 2010 | 00:41,73 | 09.03.2025 | Lampertheim                       |
| 14.                                                                       | Hörer, Julia           | 2014 | 00:42,81 | 27.09.2025 | Dieburg                           |
| 15.                                                                       | Navarra Joosten, Llum  | 2014 | 00:42,87 | 09.03.2025 | Lampertheim                       |
| 16.                                                                       | Greulich, Matilda      | 2017 | 00:43,70 | 09.11.2025 | Lampertheim                       |
| 17.                                                                       | Telser, Anne           | 2013 | 00:47,38 | 09.03.2025 | Lampertheim                       |
| 18.                                                                       | Nieter, Emilia         | 2014 | 00:48,39 | 09.03.2025 | Lampertheim                       |
| 19.                                                                       | Schneibel, Lena        | 2015 | 00:49,89 | 07.06.2025 | Grünstadt                         |
| 20.                                                                       | Stein, Hanka           | 2015 | 00:51,16 | 27.04.2025 | Hochheim                          |

| 100m Freistil                                                               |                        |      |          |            | Weiblich, Kurz- & Langbahn, Offen |
|-----------------------------------------------------------------------------|------------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Mörstedt, Tanja (2002) 01:05,48 am 01.10.2017 in Weiterstadt</i> |                        |      |          |            |                                   |
| Platz                                                                       | Name                   | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                          | Mörstedt, Maria        | 2004 | 01:07,46 | 09.11.2025 | Lampertheim                       |
| 2.                                                                          | Brenner, Julie         | 2007 | 01:08,15 | 09.11.2025 | Lampertheim                       |
| 3.                                                                          | Lorenz, Lia            | 2010 | 01:08,26 | 08.03.2025 | Lampertheim                       |
| 4.                                                                          | Mörstedt, Hannah       | 2004 | 01:09,68 | 09.11.2025 | Lampertheim                       |
| 5.                                                                          | Steinborn, Doreen      | 1977 | 01:10,17 | 08.03.2025 | Lampertheim                       |
| 6.                                                                          | Buschbacher, Annabelle | 2010 | 01:12,42 | 09.11.2025 | Lampertheim                       |
| 7.                                                                          | Langer, Meike          | 2010 | 01:16,28 | 15.06.2025 | Darmstadt                         |
| 8.                                                                          | Scholz, Kira-Patricia  | 2002 | 01:18,46 | 09.11.2025 | Lampertheim                       |
| 9.                                                                          | Höhnert, Lena          | 2014 | 01:19,22 | 09.11.2025 | Lampertheim                       |
| 10.                                                                         | Platz, Helena          | 2014 | 01:23,00 | 09.11.2025 | Lampertheim                       |
| 11.                                                                         | Hildebrand, Arzu       | 2011 | 01:24,76 | 08.03.2025 | Lampertheim                       |
| 12.                                                                         | Grzeszczyk, Alicja     | 2010 | 01:27,64 | 09.11.2025 | Lampertheim                       |
| 13.                                                                         | Hörer, Julia           | 2014 | 01:34,32 | 09.11.2025 | Lampertheim                       |
| 14.                                                                         | Missal, Jasmin         | 2014 | 01:35,88 | 09.11.2025 | Lampertheim                       |
| 15.                                                                         | Jacobi, Lucia          | 2013 | 01:36,41 | 16.03.2025 | Speyer                            |
| 16.                                                                         | Navarra Joosten, Llum  | 2014 | 01:38,23 | 08.03.2025 | Lampertheim                       |
| 17.                                                                         | Telser, Anne           | 2013 | 01:39,94 | 09.11.2025 | Lampertheim                       |
| 18.                                                                         | Synoradzki, Luisa      | 2014 | 01:43,29 | 09.11.2025 | Lampertheim                       |
| 19.                                                                         | Stein, Hanka           | 2015 | 01:45,73 | 09.11.2025 | Lampertheim                       |
| 20.                                                                         | Schneibel, Lena        | 2015 | 01:52,37 | 09.11.2025 | Lampertheim                       |

| 200m Freistil                                                             |                        |      |          |            |               | Weiblich, Kurz- & Langbahn, Offen |
|---------------------------------------------------------------------------|------------------------|------|----------|------------|---------------|-----------------------------------|
| <i>Rekord: Mößinger, Janine (1984) 02:22,42 am 22.09.2001 in Baunatal</i> |                        |      |          |            |               |                                   |
| Platz                                                                     | Name                   | Jg   | Zeit     | Datum      | Ort           |                                   |
| 1.                                                                        | Mörstedt, Maria        | 2004 | 02:28,17 | 08.11.2025 | Dieburg       |                                   |
| 2.                                                                        | Lorenz, Lia            | 2010 | 02:38,20 | 15.02.2025 | Rüsselsheim   |                                   |
| 3.                                                                        | Mörstedt, Hannah       | 2004 | 02:43,58 | 25.05.2025 | Bad Homburg   |                                   |
| 4.                                                                        | Buschbacher, Annabelle | 2010 | 02:44,07 | 29.11.2025 | Bad Windsheim |                                   |
| 5.                                                                        | Scholz, Kira-Patricia  | 2002 | 02:55,86 | 09.11.2025 | Lampertheim   |                                   |
| 6.                                                                        | Platz, Helena          | 2014 | 03:00,11 | 09.11.2025 | Lampertheim   |                                   |
| 7.                                                                        | Höhnner, Lena          | 2014 | 03:00,46 | 29.11.2025 | Bad Windsheim |                                   |
| 8.                                                                        | Jacobi, Lucia          | 2013 | 03:27,90 | 16.03.2025 | Speyer        |                                   |
| 9.                                                                        | Missal, Jasmin         | 2014 | 03:37,50 | 09.11.2025 | Lampertheim   |                                   |
| 10.                                                                       | Stein, Hanka           | 2015 | 03:54,82 | 09.11.2025 | Lampertheim   |                                   |
| 11.                                                                       | Telser, Anne           | 2013 | 03:56,01 | 09.03.2025 | Lampertheim   |                                   |
| 12.                                                                       | Hörer, Julia           | 2014 | 03:56,93 | 16.03.2025 | Speyer        |                                   |

| 400m Freistil                                                                |                  |      |          |            |              | Weiblich, Kurz- & Langbahn, Offen |
|------------------------------------------------------------------------------|------------------|------|----------|------------|--------------|-----------------------------------|
| <i>Rekord: Mößinger, Janine (1984) 05:02,36 am 09.06.2001 in Dietzenbach</i> |                  |      |          |            |              |                                   |
| Platz                                                                        | Name             | Jg   | Zeit     | Datum      | Ort          |                                   |
| 1.                                                                           | Lorenz, Lia      | 2010 | 05:58,61 | 29.03.2025 | Darmstadt    |                                   |
| 2.                                                                           | Mörstedt, Hannah | 2004 | 06:00,34 | 25.05.2025 | Bad Homburg  |                                   |
| 3.                                                                           | Höhnner, Lena    | 2014 | 06:21,06 | 15.06.2025 | Darmstadt    |                                   |
| 4.                                                                           | Platz, Helena    | 2014 | 06:52,28 | 15.02.2025 | Rüsselsheim  |                                   |
| 5.                                                                           | Hildebrand, Arzu | 2011 | 07:10,09 | 25.01.2025 | Ludwigshafen |                                   |

| 800m Freistil                                                                   |               |      |          |            |             | Weiblich, Kurz- & Langbahn, Offen |
|---------------------------------------------------------------------------------|---------------|------|----------|------------|-------------|-----------------------------------|
| <i>Rekord: Mößinger, Janine (1984) 10:10,63 am 02.02.2002 in Frankfurt a.M.</i> |               |      |          |            |             |                                   |
| Platz                                                                           | Name          | Jg   | Zeit     | Datum      | Ort         |                                   |
| 1.                                                                              | Höhnner, Lena | 2014 | 13:55,08 | 15.02.2025 | Rüsselsheim |                                   |

| 1500m Freistil                                                                       |                        |      |          |            | Weiblich, Kurz- & Langbahn, Offen |
|--------------------------------------------------------------------------------------|------------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Mörstedt, Tanja (2002) 22:23,33 am 16.09.2017 in Rödermark - Urberach</i> |                        |      |          |            |                                   |
| Platz                                                                                | Name                   | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                                   | Buschbacher, Annabelle | 2010 | 24:50,56 | 15.02.2025 | Rüsselsheim                       |

| 2500m Freistil                                                             |                 |      |          |            | Weiblich, Kurz- & Langbahn, Offen |
|----------------------------------------------------------------------------|-----------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Mörstedt, Maria (2004) 40:11,26 am 06.07.2025 in Heddesheim</i> |                 |      |          |            |                                   |
| Platz                                                                      | Name            | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                         | Mörstedt, Maria | 2004 | 40:11,26 | 06.07.2025 | Heddesheim                        |

| 100m Lagen                                                                    |                        |      |          |            | Weiblich, Kurz- & Langbahn, Offen |
|-------------------------------------------------------------------------------|------------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Mörstedt, Maria (2004) 01:16,25 am 29.11.2025 in Bad Windsheim</i> |                        |      |          |            |                                   |
| Platz                                                                         | Name                   | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                            | Mörstedt, Maria        | 2004 | 01:16,25 | 29.11.2025 | Bad Windsheim                     |
| 2.                                                                            | Mörstedt, Hannah       | 2004 | 01:16,73 | 15.02.2025 | Rüsselsheim                       |
| 3.                                                                            | Steinborn, Doreen      | 1977 | 01:20,00 | 15.02.2025 | Rüsselsheim                       |
| 4.                                                                            | Lorenz, Lia            | 2010 | 01:23,55 | 08.03.2025 | Lampertheim                       |
| 5.                                                                            | Langer, Meike          | 2010 | 01:26,41 | 08.03.2025 | Lampertheim                       |
| 6.                                                                            | Buschbacher, Annabelle | 2010 | 01:27,07 | 08.03.2025 | Lampertheim                       |
| 7.                                                                            | Höhnchen, Lena         | 2014 | 01:30,97 | 29.11.2025 | Bad Windsheim                     |
| 8.                                                                            | Hildebrand, Arzu       | 2011 | 01:32,21 | 08.03.2025 | Lampertheim                       |
| 9.                                                                            | Uebach, Claudia        | 1969 | 01:36,24 | 08.11.2025 | Dieburg                           |
| 10.                                                                           | Mörstedt, Christel     | 1974 | 01:45,10 | 08.11.2025 | Dieburg                           |
| 11.                                                                           | Platz, Helena          | 2014 | 01:47,66 | 16.03.2025 | Speyer                            |
| 12.                                                                           | Grzeszczyk, Alicja     | 2010 | 01:52,68 | 08.03.2025 | Lampertheim                       |
| 13.                                                                           | Telser, Anne           | 2013 | 02:00,22 | 16.03.2025 | Speyer                            |
| 14.                                                                           | Hörer, Julia           | 2014 | 02:03,91 | 08.03.2025 | Lampertheim                       |
| 15.                                                                           | Schneibel, Lena        | 2015 | 02:20,52 | 08.03.2025 | Lampertheim                       |

| 200m Lagen                                                                |                       |      |          |            | Weiblich, Kurz- & Langbahn, Offen |
|---------------------------------------------------------------------------|-----------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Mößinger, Janine (1984) 02:43,23 am 22.09.2001 in Baunatal</i> |                       |      |          |            |                                   |
| Platz                                                                     | Name                  | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                        | Mörstedt, Maria       | 2004 | 02:47,79 | 09.11.2025 | Lampertheim                       |
| 2.                                                                        | Mörstedt, Hannah      | 2004 | 02:50,76 | 15.02.2025 | Rüsselsheim                       |
| 3.                                                                        | Lorenz, Lia           | 2010 | 03:00,55 | 09.03.2025 | Lampertheim                       |
| 4.                                                                        | Höhnchen, Lena        | 2014 | 03:20,41 | 09.03.2025 | Lampertheim                       |
| 5.                                                                        | Scholz, Kira-Patricia | 2002 | 03:26,35 | 25.05.2025 | Bad Homburg                       |
| 6.                                                                        | Hörer, Julia          | 2014 | 03:54,57 | 09.11.2025 | Lampertheim                       |

| 400m Lagen                                                                      |                       |      |          |            | Weiblich, Kurz- & Langbahn, Offen |
|---------------------------------------------------------------------------------|-----------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Mößinger, Janine (1984) 05:40,13 am 02.02.2002 in Frankfurt a.M.</i> |                       |      |          |            |                                   |
| Platz                                                                           | Name                  | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                              | Mörstedt, Maria       | 2004 | 05:59,02 | 07.06.2025 | Grünstadt                         |
| 2.                                                                              | Lorenz, Lia           | 2010 | 06:41,01 | 15.02.2025 | Rüsselsheim                       |
| 3.                                                                              | Scholz, Kira-Patricia | 2002 | 07:06,30 | 15.02.2025 | Rüsselsheim                       |

| 50m K-Beine                                                                 |                   |      |          |            | Weiblich, Kurz- & Langbahn, Offen |
|-----------------------------------------------------------------------------|-------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Mörstedt, Tanja (2002) 00:43,16 am 24.11.2018 in Bad Homburg</i> |                   |      |          |            |                                   |
| Platz                                                                       | Name              | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                          | Mörstedt, Maria   | 2004 | 00:45,14 | 27.04.2025 | Hochheim                          |
| 2.                                                                          | Mörstedt, Hannah  | 2004 | 00:46,65 | 27.04.2025 | Hochheim                          |
| 3.                                                                          | Platz, Helena     | 2014 | 00:50,01 | 27.04.2025 | Hochheim                          |
| 4.                                                                          | Greulich, Matilda | 2017 | 00:57,66 | 27.04.2025 | Hochheim                          |

| 2500m Freistil                                                               |                   |      |          |            | Männlich, Freiwasser, Offen |
|------------------------------------------------------------------------------|-------------------|------|----------|------------|-----------------------------|
| <i>Rekord: Greulich, Nicolas (2009) 39:38,09 am 06.07.2025 in Heddesheim</i> |                   |      |          |            |                             |
| Platz                                                                        | Name              | Jg   | Zeit     | Datum      | Ort                         |
| 1.                                                                           | Greulich, Nicolas | 2009 | 39:38,09 | 06.07.2025 | Heddesheim                  |

| 50m Schmetterling                                                           |                       |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|-----------------------------------------------------------------------------|-----------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Klingler, Markus (1975) 00:27,84 am 21.06.1998 in Heppenheim</i> |                       |      |          |            |                                   |
| Platz                                                                       | Name                  | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                          | Uebach, Tim           | 2004 | 00:28,95 | 15.02.2025 | Rüsselsheim                       |
| 2.                                                                          | Nieter, Henrik        | 1982 | 00:30,39 | 15.02.2025 | Rüsselsheim                       |
| 3.                                                                          | Greulich, Nicolas     | 2009 | 00:32,24 | 17.05.2025 | Rödermark                         |
| 4.                                                                          | Sabo, Mika            | 2007 | 00:34,41 | 27.04.2025 | Hochheim                          |
| 5.                                                                          | Wegerle, Tom          | 2011 | 00:34,59 | 29.03.2025 | Darmstadt                         |
| 6.                                                                          | Schiller, Maximilian  | 2012 | 00:35,98 | 20.06.2025 | Darmstadt                         |
| 7.                                                                          | Wruck, Leonard        | 2012 | 00:37,37 | 01.05.2025 | Bad Nauheim                       |
| 8.                                                                          | Süssner, Sebastian    | 2014 | 00:42,74 | 27.04.2025 | Hochheim                          |
| 9.                                                                          | Navarra Joosten, Quim | 2012 | 00:47,44 | 27.04.2025 | Hochheim                          |
| 10.                                                                         | Wruck, Marc           | 2015 | 00:47,50 | 20.06.2025 | Darmstadt                         |
| 11.                                                                         | Merkt, Felix          | 2014 | 01:07,13 | 09.03.2025 | Lampertheim                       |

| 100m Schmetterling                                                       |                   |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|--------------------------------------------------------------------------|-------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Colditz, Neo (2008) 01:09,81 am 09.11.2025 in Lampertheim</i> |                   |      |          |            |                                   |
| Platz                                                                    | Name              | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                       | Colditz, Neo      | 2008 | 01:09,81 | 09.11.2025 | Lampertheim                       |
| 2.                                                                       | Uebach, Tim       | 2004 | 01:13,43 | 09.03.2025 | Lampertheim                       |
| 3.                                                                       | Przyklek, Paul    | 1984 | 01:15,29 | 15.02.2025 | Rüsselsheim                       |
| 4.                                                                       | Greulich, Nicolas | 2009 | 01:15,59 | 15.02.2025 | Rüsselsheim                       |
| 5.                                                                       | Wegerle, Tom      | 2011 | 01:25,15 | 09.03.2025 | Lampertheim                       |

| 200m Schmetterling                                                       |                      |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|--------------------------------------------------------------------------|----------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Colditz, Neo (2008) 02:44,21 am 09.11.2025 in Lampertheim</i> |                      |      |          |            |                                   |
| Platz                                                                    | Name                 | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                       | Colditz, Neo         | 2008 | 02:44,21 | 09.11.2025 | Lampertheim                       |
| 2.                                                                       | Greulich, Nicolas    | 2009 | 03:04,24 | 15.02.2025 | Rüsselsheim                       |
| 3.                                                                       | Przyklek, Paul       | 1984 | 03:08,17 | 15.02.2025 | Rüsselsheim                       |
| 4.                                                                       | Schiller, Maximilian | 2012 | 03:14,29 | 09.11.2025 | Lampertheim                       |
| 5.                                                                       | Wegerle, Tom         | 2011 | 03:32,34 | 09.03.2025 | Lampertheim                       |

| 50m Rücken                                                                  |                                 |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|-----------------------------------------------------------------------------|---------------------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Klingler, Markus (1975) 00:32,14 am 21.06.1998 in Heppenheim</i> |                                 |      |          |            |                                   |
| Platz                                                                       | Name                            | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                          | Nieter, Henrik                  | 1982 | 00:32,61 | 15.02.2025 | Rüsselsheim                       |
| 2.                                                                          | Greulich, Nicolas               | 2009 | 00:33,51 | 15.02.2025 | Rüsselsheim                       |
| 3.                                                                          | Schiller, Maximilian            | 2012 | 00:33,65 | 02.11.2025 | Fulda                             |
| 4.                                                                          | Colditz, Neo                    | 2008 | 00:34,17 | 08.03.2025 | Lampertheim                       |
| 5.                                                                          | Wegerle, Tom                    | 2011 | 00:37,05 | 14.06.2025 | Darmstadt                         |
| 6.                                                                          | Sabo, Mika                      | 2007 | 00:37,21 | 27.04.2025 | Hochheim                          |
| 7.                                                                          | Völger, Maximilian Gero Richard | 2009 | 00:38,07 | 14.06.2025 | Darmstadt                         |
| 8.                                                                          | Przyklek, Paul                  | 1984 | 00:39,93 | 25.05.2025 | Bad Homburg                       |
| 9.                                                                          | Wruck, Marc                     | 2015 | 00:41,40 | 02.11.2025 | Fulda                             |
| 10.                                                                         | Müller, Mael                    | 2013 | 00:41,94 | 09.03.2025 | Lampertheim                       |
| 11.                                                                         | Süssner, Sebastian              | 2014 | 00:42,58 | 27.04.2025 | Hochheim                          |
| 12.                                                                         | Navarra Joosten, Quim           | 2012 | 00:44,20 | 27.09.2025 | Dieburg                           |
| 13.                                                                         | Krizak, Fabian                  | 2011 | 00:45,66 | 27.04.2025 | Hochheim                          |
| 14.                                                                         | Blass, Damian Jonathan          | 2012 | 00:49,40 | 27.04.2025 | Hochheim                          |
| 15.                                                                         | Krizak, Julian                  | 2013 | 00:49,65 | 27.04.2025 | Hochheim                          |
| 16.                                                                         | Fuchs, Leandro                  | 2013 | 00:53,01 | 27.09.2025 | Dieburg                           |
| 17.                                                                         | Przyklek, Luca-Hendrik          | 2012 | 00:54,11 | 09.03.2025 | Lampertheim                       |
| 18.                                                                         | Frenzel, Moritz Lion            | 2014 | 00:56,33 | 09.03.2025 | Lampertheim                       |
| 19.                                                                         | Pasuparambilge, Kevin           | 2010 | 00:57,18 | 28.06.2025 | Worms                             |
| 20.                                                                         | Hermann, Oskar Caspar           | 2015 | 01:01,05 | 09.03.2025 | Lampertheim                       |

| 100m Rücken                                                              |                                 |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|--------------------------------------------------------------------------|---------------------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Colditz, Neo (2008) 01:07,84 am 09.11.2025 in Lampertheim</i> |                                 |      |          |            |                                   |
| Platz                                                                    | Name                            | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                       | Colditz, Neo                    | 2008 | 01:07,84 | 09.11.2025 | Lampertheim                       |
| 2.                                                                       | Schiller, Maximilian            | 2012 | 01:12,46 | 09.11.2025 | Lampertheim                       |
| 3.                                                                       | Greulich, Nicolas               | 2009 | 01:12,87 | 27.04.2025 | Hochheim                          |
| 4.                                                                       | Nieter, Henrik                  | 1982 | 01:13,10 | 15.02.2025 | Rüsselsheim                       |
| 5.                                                                       | Wegerle, Tom                    | 2011 | 01:16,51 | 09.11.2025 | Lampertheim                       |
| 6.                                                                       | Sabo, Mika                      | 2007 | 01:22,22 | 09.03.2025 | Lampertheim                       |
| 7.                                                                       | Völger, Maximilian Gero Richard | 2009 | 01:25,08 | 09.11.2025 | Lampertheim                       |
| 8.                                                                       | Wruck, Marc                     | 2015 | 01:29,95 | 27.09.2025 | Kaiserslautern                    |
| 9.                                                                       | Müller, Mael                    | 2013 | 01:36,40 | 09.03.2025 | Lampertheim                       |
| 10.                                                                      | Navarra Joosten, Quim           | 2012 | 01:37,16 | 09.03.2025 | Lampertheim                       |
| 11.                                                                      | Krizak, Julian                  | 2013 | 01:41,73 | 09.11.2025 | Lampertheim                       |
| 12.                                                                      | Blass, Damian Jonathan          | 2012 | 01:45,77 | 09.03.2025 | Lampertheim                       |
| 13.                                                                      | Fuchs, Leandro                  | 2013 | 01:50,80 | 09.11.2025 | Lampertheim                       |
| 14.                                                                      | Frenzel, Moritz Lion            | 2014 | 01:56,60 | 09.11.2025 | Lampertheim                       |
| 15.                                                                      | Merkt, Felix                    | 2014 | 01:59,81 | 09.03.2025 | Lampertheim                       |
| 16.                                                                      | Przyklek, Luca-Hendrik          | 2012 | 02:02,48 | 09.03.2025 | Lampertheim                       |

| 200m Rücken                                                                        |                                 |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|------------------------------------------------------------------------------------|---------------------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Schiller, Maximilian (2012) 02:37,62 am 29.11.2025 in Bad Windsheim</i> |                                 |      |          |            |                                   |
| Platz                                                                              | Name                            | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                                 | Schiller, Maximilian            | 2012 | 02:37,62 | 29.11.2025 | Bad Windsheim                     |
| 2.                                                                                 | Sabo, Mika                      | 2007 | 02:51,20 | 15.02.2025 | Rüsselsheim                       |
| 3.                                                                                 | Greulich, Nicolas               | 2009 | 02:54,00 | 09.11.2025 | Lampertheim                       |
| 4.                                                                                 | Wegerle, Tom                    | 2011 | 03:04,17 | 29.03.2025 | Darmstadt                         |
| 5.                                                                                 | Völger, Maximilian Gero Richard | 2009 | 03:04,18 | 09.11.2025 | Lampertheim                       |
| 6.                                                                                 | Wruck, Leonard                  | 2012 | 03:05,28 | 15.06.2025 | Darmstadt                         |
| 7.                                                                                 | Wruck, Marc                     | 2015 | 03:17,34 | 09.11.2025 | Lampertheim                       |
| 8.                                                                                 | Navarra Joosten, Quim           | 2012 | 03:25,13 | 08.03.2025 | Lampertheim                       |
| 9.                                                                                 | Frenzel, Moritz Lion            | 2014 | 04:23,87 | 09.11.2025 | Lampertheim                       |

| 50m Brust                                                        |                        |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|------------------------------------------------------------------|------------------------|------|----------|------------|-----------------------------------|
| Rekord: Uebach, Tim (2004) 00:31,81 am 05.05.2024 in Lampertheim |                        |      |          |            |                                   |
| Platz                                                            | Name                   | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                               | Uebach, Tim            | 2004 | 00:32,00 | 09.03.2025 | Lampertheim                       |
| 2.                                                               | Wruck, Leonard         | 2012 | 00:36,47 | 27.09.2025 | Kaiserslautern                    |
| 3.                                                               | Schiller, Maximilian   | 2012 | 00:37,51 | 01.11.2025 | Fulda                             |
| 4.                                                               | Sabo, Mika             | 2007 | 00:37,98 | 27.04.2025 | Hochheim                          |
| 5.                                                               | Kocol, Ksawier         | 2010 | 00:39,55 | 09.03.2025 | Lampertheim                       |
| 6.                                                               | Süssner, Sebastian     | 2014 | 00:42,20 | 21.09.2025 | Frankenthal (Pfalz)               |
| 7.                                                               | Kaibel, Fynn           | 2009 | 00:44,06 | 09.03.2025 | Lampertheim                       |
| 8.                                                               | Wruck, Marc            | 2015 | 00:46,88 | 27.09.2025 | Kaiserslautern                    |
| 9.                                                               | Krizak, Fabian         | 2011 | 00:49,42 | 09.03.2025 | Lampertheim                       |
| 10.                                                              | Krizak, Julian         | 2013 | 00:51,91 | 27.04.2025 | Hochheim                          |
| 11.                                                              | Wegerle, Finn          | 2014 | 00:52,31 | 27.04.2025 | Hochheim                          |
| 12.                                                              | Navarra Joosten, Quim  | 2012 | 00:52,86 | 27.04.2025 | Hochheim                          |
| 13.                                                              | Fuchs, Leandro         | 2013 | 00:53,66 | 27.04.2025 | Hochheim                          |
| 14.                                                              | Frenzel, Moritz Lion   | 2014 | 00:55,82 | 09.03.2025 | Lampertheim                       |
| 15.                                                              | Merkt, Felix           | 2014 | 00:56,11 | 09.03.2025 | Lampertheim                       |
| 16.                                                              | Przyklek, Luca-Hendrik | 2012 | 00:58,28 | 09.03.2025 | Lampertheim                       |
| 17.                                                              | Müller, Elouan         | 2015 | 01:00,94 | 09.03.2025 | Lampertheim                       |
| 18.                                                              | Blass, Damian Jonathan | 2012 | 01:06,27 | 27.04.2025 | Hochheim                          |

| 100m Brust                                                              |                                 |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|-------------------------------------------------------------------------|---------------------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Uebach, Tim (2004) 01:10,82 am 09.03.2025 in Lampertheim</i> |                                 |      |          |            |                                   |
| Platz                                                                   | Name                            | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                      | Uebach, Tim                     | 2004 | 01:10,82 | 09.03.2025 | Lampertheim                       |
| 2.                                                                      | Bololoi, Jayden                 | 2007 | 01:17,58 | 09.03.2025 | Lampertheim                       |
| 3.                                                                      | Wruck, Leonard                  | 2012 | 01:20,56 | 02.11.2025 | Fulda                             |
| 4.                                                                      | Schiller, Maximilian            | 2012 | 01:21,13 | 02.11.2025 | Fulda                             |
| 5.                                                                      | Sabo, Mika                      | 2007 | 01:25,63 | 09.11.2025 | Lampertheim                       |
| 6.                                                                      | Kocol, Ksawier                  | 2010 | 01:27,02 | 09.03.2025 | Lampertheim                       |
| 7.                                                                      | Süssner, Sebastian              | 2014 | 01:30,42 | 02.11.2025 | Fulda                             |
| 8.                                                                      | Kaibel, Fynn                    | 2009 | 01:34,18 | 09.03.2025 | Lampertheim                       |
| 9.                                                                      | Völger, Maximilian Gero Richard | 2009 | 01:36,09 | 09.03.2025 | Lampertheim                       |
| 10.                                                                     | Holzhauser, Janne Frederik      | 2012 | 01:47,37 | 09.11.2025 | Lampertheim                       |
| 11.                                                                     | Krizak, Fabian                  | 2011 | 01:47,81 | 09.03.2025 | Lampertheim                       |
| 12.                                                                     | Wruck, Marc                     | 2015 | 01:47,97 | 22.06.2025 | Darmstadt                         |
| 13.                                                                     | Wegerle, Finn                   | 2014 | 01:53,19 | 09.11.2025 | Lampertheim                       |
| 14.                                                                     | Fuchs, Leandro                  | 2013 | 01:53,92 | 09.11.2025 | Lampertheim                       |
| 15.                                                                     | Merkt, Felix                    | 2014 | 01:54,57 | 09.11.2025 | Lampertheim                       |
| 16.                                                                     | Krizak, Julian                  | 2013 | 01:56,61 | 09.03.2025 | Lampertheim                       |
| 17.                                                                     | Frenzel, Moritz Lion            | 2014 | 01:57,73 | 28.06.2025 | Worms                             |
| 18.                                                                     | Przyklek, Luca-Hendrik          | 2012 | 01:57,75 | 09.11.2025 | Lampertheim                       |
| 19.                                                                     | Pasuparambilge, Kevin           | 2010 | 02:04,09 | 09.03.2025 | Lampertheim                       |
| 20.                                                                     | Hermann, Oskar Caspar           | 2015 | 02:15,89 | 09.03.2025 | Lampertheim                       |

| 200m Brust                                                           |                                 |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|----------------------------------------------------------------------|---------------------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Sirbike, Domas (2001) 02:41,66 am 06.12.2015 in Fulda</i> |                                 |      |          |            |                                   |
| Platz                                                                | Name                            | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                   | Wruck, Leonard                  | 2012 | 02:57,33 | 01.11.2025 | Fulda                             |
| 2.                                                                   | Sabo, Mika                      | 2007 | 03:07,34 | 15.02.2025 | Rüsselsheim                       |
| 3.                                                                   | Kocol, Ksawier                  | 2010 | 03:10,44 | 09.03.2025 | Lampertheim                       |
| 4.                                                                   | Süssner, Sebastian              | 2014 | 03:14,40 | 01.11.2025 | Fulda                             |
| 5.                                                                   | Schiller, Maximilian            | 2012 | 03:19,63 | 25.01.2025 | Ludwigshafen                      |
| 6.                                                                   | Völger, Maximilian Gero Richard | 2009 | 03:30,71 | 25.01.2025 | Ludwigshafen                      |
| 7.                                                                   | Krizak, Fabian                  | 2011 | 03:54,20 | 09.03.2025 | Lampertheim                       |
| 8.                                                                   | Krizak, Julian                  | 2013 | 03:56,51 | 09.11.2025 | Lampertheim                       |
| 9.                                                                   | Holzhauser, Janne Frederik      | 2012 | 03:58,42 | 09.11.2025 | Lampertheim                       |
| 10.                                                                  | Fuchs, Leandro                  | 2013 | 03:59,94 | 09.11.2025 | Lampertheim                       |
| 11.                                                                  | Merkt, Felix                    | 2014 | 03:59,99 | 09.11.2025 | Lampertheim                       |
| 12.                                                                  | Wegerle, Finn                   | 2014 | 04:05,51 | 09.11.2025 | Lampertheim                       |
| 13.                                                                  | Frenzel, Moritz Lion            | 2014 | 04:11,68 | 28.06.2025 | Worms                             |
| 14.                                                                  | Przyklek, Luca-Hendrik          | 2012 | 04:14,17 | 09.11.2025 | Lampertheim                       |
| 15.                                                                  | Hermann, Oskar Caspar           | 2015 | 04:16,30 | 09.11.2025 | Lampertheim                       |

| 50m Freistil                                                     |                                 |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|------------------------------------------------------------------|---------------------------------|------|----------|------------|-----------------------------------|
| Rekord: Uebach, Tim (2004) 00:25,45 am 09.03.2025 in Lampertheim |                                 |      |          |            |                                   |
| Platz                                                            | Name                            | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                               | Uebach, Tim                     | 2004 | 00:25,45 | 09.03.2025 | Lampertheim                       |
| 2.                                                               | Greulich, Nicolas               | 2009 | 00:26,99 | 01.11.2025 | Fulda                             |
| 3.                                                               | Bololoi, Jayden                 | 2007 | 00:27,65 | 09.03.2025 | Lampertheim                       |
| 4.                                                               | Sabo, Mika                      | 2007 | 00:27,80 | 27.04.2025 | Hochheim                          |
| 5.                                                               | Nieter, Henrik                  | 1982 | 00:27,95 | 08.11.2025 | Dieburg                           |
| 6.                                                               | Colditz, Neo                    | 2008 | 00:27,96 | 09.03.2025 | Lampertheim                       |
| 7.                                                               | Wruck, Leonard                  | 2012 | 00:28,38 | 01.11.2025 | Fulda                             |
| 8.                                                               | Schiller, Maximilian            | 2012 | 00:28,75 | 01.11.2025 | Fulda                             |
| 9.                                                               | Wegerle, Tom                    | 2011 | 00:28,89 | 01.11.2025 | Fulda                             |
| 10.                                                              | Kocol, Ksawier                  | 2010 | 00:30,55 | 09.03.2025 | Lampertheim                       |
| 11.                                                              | Kaibel, Fynn                    | 2009 | 00:31,03 | 09.03.2025 | Lampertheim                       |
| 12.                                                              | Völger, Maximilian Gero Richard | 2009 | 00:32,94 | 09.03.2025 | Lampertheim                       |
| 13.                                                              | Süssner, Sebastian              | 2014 | 00:34,01 | 01.11.2025 | Fulda                             |
| 14.                                                              | Wruck, Marc                     | 2015 | 00:34,04 | 01.11.2025 | Fulda                             |
| 15.                                                              | Krizak, Fabian                  | 2011 | 00:37,32 | 27.04.2025 | Hochheim                          |
| 16.                                                              | Müller, Mael                    | 2013 | 00:37,46 | 09.03.2025 | Lampertheim                       |
| 17.                                                              | Navarra Joosten, Quim           | 2012 | 00:37,76 | 09.03.2025 | Lampertheim                       |
| 18.                                                              | Krizak, Julian                  | 2013 | 00:43,04 | 09.03.2025 | Lampertheim                       |
| 19.                                                              | Przyklek, Luca-Hendrik          | 2012 | 00:43,14 | 09.03.2025 | Lampertheim                       |
| 20.                                                              | Wegerle, Finn                   | 2014 | 00:43,56 | 27.04.2025 | Hochheim                          |

| 100m Freistil                                                    |                                 |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|------------------------------------------------------------------|---------------------------------|------|----------|------------|-----------------------------------|
| Rekord: Uebach, Tim (2004) 00:57,51 am 04.05.2024 in Lampertheim |                                 |      |          |            |                                   |
| Platz                                                            | Name                            | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                               | Uebach, Tim                     | 2004 | 00:59,06 | 15.02.2025 | Rüsselsheim                       |
| 2.                                                               | Greulich, Nicolas               | 2009 | 01:00,10 | 15.02.2025 | Rüsselsheim                       |
| 3.                                                               | Colditz, Neo                    | 2008 | 01:01,57 | 08.03.2025 | Lampertheim                       |
| 4.                                                               | Sabo, Mika                      | 2007 | 01:02,44 | 09.11.2025 | Lampertheim                       |
| 5.                                                               | Schiller, Maximilian            | 2012 | 01:02,56 | 29.11.2025 | Bad Windsheim                     |
| 6.                                                               | Wegerle, Tom                    | 2011 | 01:03,07 | 09.11.2025 | Lampertheim                       |
| 7.                                                               | Wruck, Leonard                  | 2012 | 01:04,18 | 02.11.2025 | Fulda                             |
| 8.                                                               | Nieter, Henrik                  | 1982 | 01:04,30 | 08.11.2025 | Dieburg                           |
| 9.                                                               | Bololoi, Jayden                 | 2007 | 01:04,85 | 09.03.2025 | Lampertheim                       |
| 10.                                                              | Kocol, Ksawier                  | 2010 | 01:06,14 | 09.11.2025 | Lampertheim                       |
| 11.                                                              | Przyklek, Paul                  | 1984 | 01:08,41 | 25.05.2025 | Bad Homburg                       |
| 12.                                                              | Süssner, Sebastian              | 2014 | 01:15,26 | 09.11.2025 | Lampertheim                       |
| 13.                                                              | Völger, Maximilian Gero Richard | 2009 | 01:15,86 | 09.11.2025 | Lampertheim                       |
| 14.                                                              | Wruck, Marc                     | 2015 | 01:18,03 | 09.11.2025 | Lampertheim                       |
| 15.                                                              | Holzhauser, Janne Frederik      | 2012 | 01:23,14 | 09.11.2025 | Lampertheim                       |
| 16.                                                              | Müller, Mael                    | 2013 | 01:23,28 | 08.03.2025 | Lampertheim                       |
| 17.                                                              | Navarra Joosten, Quim           | 2012 | 01:28,09 | 08.03.2025 | Lampertheim                       |
| 18.                                                              | Krizak, Julian                  | 2013 | 01:29,65 | 09.11.2025 | Lampertheim                       |
| 19.                                                              | Krizak, Fabian                  | 2011 | 01:30,30 | 08.03.2025 | Lampertheim                       |
| 20.                                                              | Przyklek, Luca-Hendrik          | 2012 | 01:31,94 | 09.11.2025 | Lampertheim                       |

| 200m Freistil                                                    |                                 |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|------------------------------------------------------------------|---------------------------------|------|----------|------------|-----------------------------------|
| Rekord: Uebach, Tim (2004) 02:14,61 am 05.05.2024 in Lampertheim |                                 |      |          |            |                                   |
| Platz                                                            | Name                            | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                               | Colditz, Neo                    | 2008 | 02:16,68 | 09.11.2025 | Lampertheim                       |
| 2.                                                               | Greulich, Nicolas               | 2009 | 02:23,20 | 14.06.2025 | Darmstadt                         |
| 3.                                                               | Schiller, Maximilian            | 2012 | 02:27,91 | 14.06.2025 | Darmstadt                         |
| 4.                                                               | Sabo, Mika                      | 2007 | 02:28,31 | 09.03.2025 | Lampertheim                       |
| 5.                                                               | Wegerle, Tom                    | 2011 | 02:32,18 | 09.11.2025 | Lampertheim                       |
| 6.                                                               | Przyklek, Paul                  | 1984 | 02:33,41 | 15.02.2025 | Rüsselsheim                       |
| 7.                                                               | Kocol, Ksawier                  | 2010 | 02:35,63 | 15.02.2025 | Rüsselsheim                       |
| 8.                                                               | Süssner, Sebastian              | 2014 | 02:49,56 | 29.11.2025 | Bad Windsheim                     |
| 9.                                                               | Völger, Maximilian Gero Richard | 2009 | 02:54,33 | 09.11.2025 | Lampertheim                       |
| 10.                                                              | Wruck, Marc                     | 2015 | 03:03,03 | 22.06.2025 | Darmstadt                         |
| 11.                                                              | Müller, Mael                    | 2013 | 03:06,51 | 09.03.2025 | Lampertheim                       |
| 12.                                                              | Holzhauser, Janne Frederik      | 2012 | 03:12,58 | 09.11.2025 | Lampertheim                       |
| 13.                                                              | Krizak, Fabian                  | 2011 | 03:15,93 | 09.03.2025 | Lampertheim                       |
| 14.                                                              | Krizak, Julian                  | 2013 | 03:24,40 | 09.11.2025 | Lampertheim                       |
| 15.                                                              | Hermann, Oskar Caspar           | 2015 | 03:33,15 | 09.11.2025 | Lampertheim                       |
| 16.                                                              | Merkt, Felix                    | 2014 | 03:52,99 | 09.11.2025 | Lampertheim                       |
| 17.                                                              | Frenzel, Moritz Lion            | 2014 | 04:01,22 | 09.11.2025 | Lampertheim                       |
| 18.                                                              | Pasuparambilge, Kevin           | 2010 | 04:24,86 | 09.03.2025 | Lampertheim                       |
| 19.                                                              | Blass, Damian Jonathan          | 2012 | 04:25,11 | 09.03.2025 | Lampertheim                       |

| 400m Freistil                                                            |                                 |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|--------------------------------------------------------------------------|---------------------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Colditz, Neo (2008) 04:55,93 am 08.03.2025 in Lampertheim</i> |                                 |      |          |            |                                   |
| Platz                                                                    | Name                            | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                       | Colditz, Neo                    | 2008 | 04:55,93 | 08.03.2025 | Lampertheim                       |
| 2.                                                                       | Wegerle, Tom                    | 2011 | 05:22,12 | 15.02.2025 | Rüsselsheim                       |
| 3.                                                                       | Sabo, Mika                      | 2007 | 05:27,48 | 15.02.2025 | Rüsselsheim                       |
| 4.                                                                       | Süssner, Sebastian              | 2014 | 06:06,76 | 21.06.2025 | Darmstadt                         |
| 5.                                                                       | Müller, Mael                    | 2013 | 06:50,40 | 08.03.2025 | Lampertheim                       |
| 6.                                                                       | Krizak, Fabian                  | 2011 | 06:55,69 | 08.03.2025 | Lampertheim                       |
| 7.                                                                       | Völger, Maximilian Gero Richard | 2009 | 07:22,59 | 25.01.2025 | Ludwigshafen                      |
| 8.                                                                       | Hermann, Oskar Caspar           | 2015 | 07:38,64 | 08.03.2025 | Lampertheim                       |
| 9.                                                                       | Krizak, Julian                  | 2013 | 07:40,47 | 08.03.2025 | Lampertheim                       |

| 800m Freistil                                                         |                |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|-----------------------------------------------------------------------|----------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Uebach, Tim (2004) 10:51,84 am 09.09.2018 in Darmstadt</i> |                |      |          |            |                                   |
| Platz                                                                 | Name           | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                    | Wegerle, Tom   | 2011 | 11:36,45 | 28.09.2025 | Dieburg                           |
| 2.                                                                    | Kocol, Ksawier | 2010 | 12:16,15 | 15.02.2025 | Rüsselsheim                       |

| 1500m Freistil                                                           |              |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|--------------------------------------------------------------------------|--------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Sirbike, Domas (2001) 20:49,28 am 19.09.2015 in Rödermark</i> |              |      |          |            |                                   |
| Platz                                                                    | Name         | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                       | Wegerle, Tom | 2011 | 23:44,40 | 15.02.2025 | Rüsselsheim                       |

| 2500m Freistil                                                               |                   |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|------------------------------------------------------------------------------|-------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Greulich, Nicolas (2009) 39:38,09 am 06.07.2025 in Heddesheim</i> |                   |      |          |            |                                   |
| Platz                                                                        | Name              | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                           | Greulich, Nicolas | 2009 | 39:38,09 | 06.07.2025 | Heddesheim                        |

| 100m Lagen                                                                 |                                 |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|----------------------------------------------------------------------------|---------------------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Sirbike, Domas (2001) 01:08,27 am 27.02.2016 in Lampertheim</i> |                                 |      |          |            |                                   |
| Platz                                                                      | Name                            | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                         | Nieter, Henrik                  | 1982 | 01:12,16 | 15.02.2025 | Rüsselsheim                       |
| 2.                                                                         | Bololoi, Jayden                 | 2007 | 01:12,66 | 08.03.2025 | Lampertheim                       |
| 3.                                                                         | Greulich, Nicolas               | 2009 | 01:13,08 | 08.03.2025 | Lampertheim                       |
| 4.                                                                         | Schiller, Maximilian            | 2012 | 01:13,62 | 29.11.2025 | Bad Windsheim                     |
| 5.                                                                         | Sabo, Mika                      | 2007 | 01:14,70 | 15.02.2025 | Rüsselsheim                       |
| 6.                                                                         | Wegerle, Tom                    | 2011 | 01:17,28 | 27.09.2025 | Kaiserslautern                    |
| 7.                                                                         | Wruck, Leonard                  | 2012 | 01:18,05 | 08.03.2025 | Lampertheim                       |
| 8.                                                                         | Kocol, Ksawier                  | 2010 | 01:20,03 | 08.03.2025 | Lampertheim                       |
| 9.                                                                         | Völger, Maximilian Gero Richard | 2009 | 01:28,04 | 08.03.2025 | Lampertheim                       |
| 10.                                                                        | Süssner, Sebastian              | 2014 | 01:28,44 | 29.11.2025 | Bad Windsheim                     |
| 11.                                                                        | Wruck, Marc                     | 2015 | 01:28,57 | 02.11.2025 | Fulda                             |
| 12.                                                                        | Navarra Joosten, Quim           | 2012 | 01:38,95 | 08.03.2025 | Lampertheim                       |
| 13.                                                                        | Müller, Mael                    | 2013 | 01:40,78 | 08.03.2025 | Lampertheim                       |
| 14.                                                                        | Krizak, Fabian                  | 2011 | 01:45,42 | 08.03.2025 | Lampertheim                       |
| 15.                                                                        | Krizak, Julian                  | 2013 | 01:53,72 | 08.03.2025 | Lampertheim                       |
| 16.                                                                        | Merkt, Felix                    | 2014 | 02:00,73 | 08.03.2025 | Lampertheim                       |
| 17.                                                                        | Pasuparambilge, Kevin           | 2010 | 02:07,79 | 08.03.2025 | Lampertheim                       |
| 18.                                                                        | Blass, Damian Jonathan          | 2012 | 02:16,67 | 08.03.2025 | Lampertheim                       |
| 19.                                                                        | Fuchs, Leandro                  | 2013 | 02:21,72 | 08.03.2025 | Lampertheim                       |

| 200m Lagen                                                                   |                      |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|------------------------------------------------------------------------------|----------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Blasinger, Benjamin (1989) 02:33,31 am 06.05.2006 in Bensheim</i> |                      |      |          |            |                                   |
| Platz                                                                        | Name                 | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                           | Greulich, Nicolas    | 2009 | 02:35,58 | 15.02.2025 | Rüsselsheim                       |
| 2.                                                                           | Colditz, Neo         | 2008 | 02:41,03 | 09.03.2025 | Lampertheim                       |
| 3.                                                                           | Wruck, Leonard       | 2012 | 02:48,90 | 09.03.2025 | Lampertheim                       |
| 4.                                                                           | Schiller, Maximilian | 2012 | 02:49,06 | 15.02.2025 | Rüsselsheim                       |
| 5.                                                                           | Wegerle, Tom         | 2011 | 02:53,39 | 09.03.2025 | Lampertheim                       |
| 6.                                                                           | Kocol, Ksawier       | 2010 | 02:59,12 | 09.11.2025 | Lampertheim                       |
| 7.                                                                           | Süssner, Sebastian   | 2014 | 03:09,09 | 09.11.2025 | Lampertheim                       |
| 8.                                                                           | Wruck, Marc          | 2015 | 03:18,64 | 09.11.2025 | Lampertheim                       |
| 9.                                                                           | Wegerle, Finn        | 2014 | 04:03,65 | 09.11.2025 | Lampertheim                       |

| 400m Lagen                                                        |                      |      |          |            | Männlich, Kurz- & Langbahn, Offen |
|-------------------------------------------------------------------|----------------------|------|----------|------------|-----------------------------------|
| <i>Rekord: Uebach, Tim (2004) 05:48,69 am 20.10.2018 in Worms</i> |                      |      |          |            |                                   |
| Platz                                                             | Name                 | Jg   | Zeit     | Datum      | Ort                               |
| 1.                                                                | Wruck, Leonard       | 2012 | 06:16,51 | 15.02.2025 | Rüsselsheim                       |
| 2.                                                                | Schiller, Maximilian | 2012 | 06:16,56 | 15.02.2025 | Rüsselsheim                       |
| 3.                                                                | Wegerle, Tom         | 2011 | 06:38,31 | 25.01.2025 | Ludwigshafen                      |